

# ALCHEMY

DISCOVER WHAT'S AT THE CENTRE

## 'THE CONTAGIOUS POWER OF THINKING'

### HAYHOUSE AUTHOR LECTURE AND TALK

“ Ever wondered why you feel happy around happy people and sad around those who are depressed? David will explain how emotions are contagious and spread from person to person. ”



You will learn all about mirror neurons and how they facilitate this transmission. David will also share fascinating evidence for how emotions can even travel through a social network, how having friends can extend your lifespan, and how a small group of people really can change the world.

After resigning from the pharmaceutical industry, David co-founded the international relief charity, Spirit Aid Foundation and served as a director for 2 years. He also helped produce a 9-day, 24-event Festival of peace. He is also a former chemistry lecturer but now, author of 5 books published by Hay House, he offers talk and workshops around the UK and abroad that use science to inspire. David also writes a regular blog for the US Huffington Post.

Friday, 9th December 2011  
7:30pm - 9:00pm Fee: £20 in advance; £25 on the day

[WWW.ALCHEMYTHECENTRE.CO.UK](http://WWW.ALCHEMYTHECENTRE.CO.UK)

UNIT 101, STABLES MARKET, CHALK FARM ROAD, NW1 8AH .TEL: 020 7267 6188