

ALCHEMY

DISCOVER WHAT'S AT THE CENTRE

Life-Changing Conversations

With Sarah Rozenhuler

If you could have a conversation that would change your life, who would it be with? Your partner, a colleague, your boss, a neighbour?

And if you found a way to talk, what difference would it make? Would it help to clear the air, heal a hurt or renew a relationship?

Conversation is pivotal in our lives, yet many of us are holding back from talking. We fear upsetting other people, losing our job or damaging the love we have. This interactive session introduces you to what it takes to have a Big Conversation so that you can leave your baggage behind and move forward in your life.

Sarah Rozenhuler:

Sarah Rozenhuler has co-facilitated retreats with Neale Donald Walsch, best-selling author of the Conversations with God books, who has called Sarah "The next best thing to me". She is a leadership development consultant, with 10 years' experience working with large organisations such as the World Bank, the BBC and the UK Civil Service. A chartered psychologist, Sarah is author of Life-Changing Conversations (Duncan-Baird, 2012) and has led cutting-edge mind-body-spirit events since 2007.



Sunday 30th October

10:00am - 1:00pm /// Fee: £30 in advance; £35 on the day

WWW.ALCHEMYTHECENTRE.CO.UK

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