

ALCHEMY

DISCOVER WHAT'S AT THE CENTRE

PEACE FOR LIFE TALK & BOOK SIGNING

Free signed copy of Sandy C. Newbigging's book
with this workshop!



You are invited to join Sandy C. Newbigging as he celebrates the launch of his most recent book, ***PEACE FOR LIFE: Freedom from Problems for Better Health & Happiness.*** With this pioneering and life-changing book, Sandy shows you how to change your mind for better health and happiness and change your relationship with your mind for genuine and long-lasting peace for life.

PRAISE FOR PEACE FOR LIFE:

'If you want to remain calm amidst the stress of modern life - this is the book you're looking for. A clear, practical and wonderfully approachable guide to something we all need more of these days... peace of mind.' - Timothy Freke, best-selling author of the 'The Jesus Mysteries' and 'Lucid Living.'

Friday, 16th September 2011
7:45pm - 9:15pm Fee: £15

WWW.ALCHEMYTHECENTRE.CO.UK

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