

ALCHEMY

DISCOVER WHAT'S AT THE CENTRE

Jules Kinsella



Jules qualified as a Neuro-linguistics Programming (NLP) Practitioner before going on to become a certified Master Practitioner having trained under some of the world's leading exponents of NLP including Robert Dilts, Tim Halbom, Suzi Smith and Ian McDermott. In addition, Jules has completed specialist personal transformation coaching training and holds a Life Coaching Practitioner Diploma.

The combination of NLP and personal transformation training provide the perfect balance of skills and tools essential for working with others to fulfil their potential and facilitate the process of becoming their true selves.

In addition to one-to-one personal transformation coaching, Jules facilitates personal development and growth workshops.

Personal development and growth have been life long passions for Jules along with her commitment to yoga and well-being. These interests have harmoniously combined to support a dedicated interest in the development of the 'self.'

Life Coaching:
Tuesdays 09:00 - 14:30

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