

ALCHEMY

DISCOVER WHAT'S AT THE CENTRE

## GEMINI NEW MOON MEDITATION & GONG BATH WITH ROMA

This New moon merits a trumpet fanfare as the Sun and Moon meet in Gemini as Jupiter and Uranus enter Aries.

Gemini is air energy, Aries is fire. Together, these elements create an electric buzz that will be felt across the globe.

Gemini is intelligent, communicative and humourous energy. Ruled by Mercury - the planet of communication and the messenger of the Gods, Gemini brings in a quick witted, fast moving, youthful feeling into play.

For anyone writing or needing inspiration, this is the time to keep a paper and pen handy. Ideas will be innovative to say the least.

The healing arts will also receive a booster jab as Mercury is the patron deity of health care and alchemical magic.

Keep your antennae up as sudden meetings and radical ideas given consideration now are likely to gestate over the following nine months and produce amazing results from March 2011 onwards.

If there was ever a time to instigate new projects that require use of the highest mind - this is it.

All we need to do for now is consider all the options, no matter how outlandish. There's magic in the air.



Words by Alchemy Astrologer Zoe Hind

### Programme:

- Brief reading on the Gemini New Moon (effect of Moon phase)
- Pranayama
- Kundalini Yoga warm up kriya
- Kundalini Yoga meditation (usually 22min)
- 30min Gong Bath

**Join us at Alchemy for a sacred Kundalini Meditation & Gong Bath!**

**SATURDAY, 12<sup>TH</sup> JUNE 2010 8:00PM - 9:15PM**

**FEE: £12; NO CONCESSION**

UNIT 101, STABLES MARKET, CHALK FARM ROAD, LONDON NW1 8AH

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