

ALCHEMY

DISCOVER WHAT'S AT THE CENTRE

RETURNING TO A SOULFUL LIFE

In this talk Sacha will inspire you to care for your soul and own inner nature again, so you can feel alive, light and vibrant, happy and healthy. The soul is surprisingly helpful, funny, practical and down to earth if it's well integrated, used and heard by its owner.

You will learn to see how the soul and your energy are designed to work for you and with you if you nurture them enough, and know how to access them. You will come to understand what the soul is, and that our heart and soul need our nourishing attention daily, just as much as our body needs food.

The heart and soul are vital instruments that keep the life-spark healthy. Without our connection to them we lose touch with who we really are; we lose our natural flow and wisdom, and as a result our happiness fades.

Sacha uses small soulful exercises and input, plus questions from the audience, together with examples from years of experience in reading thousands of souls from people all over the world.

WITH
SACHA KNOP



Sacha Knop, (Dip.Hyp, HPD, LHS - Licentiate member of the Hypnotherapy Society) is an international soul reader, hypnotherapist, personal soul coach, meditation teacher, online radio presenter and writer. She speaks Dutch and English fluently. The language of the heart and soul are her second nature.

MONDAY, 5TH JULY 7:30PM – 9:00PM FEE: £15

TO BOOK A SOUL READING

You will have the opportunity to book a face-to-face soul reading with Sacha on the 6th of July at Alchemy.

The face-to-face soul reading includes a deeply relaxing spinal massage and a cleansing of the energy system. You will leave feeling more relaxed and at peace than ever before. You will receive a recording of your reading that holds the deeply loving and healing energy Sacha works with, so you can listen to and benefit from your reading for years to come. Deep Peace Treatments will be available too – experience the Deep Peace of your soul and wake up feeling revived and refreshed! This treatment includes a gentle rocking of the spine, which is deeply comforting and allows you to travel to the depths of your soul, where all is calm and silent.

Soul Reading: Price per one hour session £120 (including recording)

Deep Peace Treatment: Price per one hour session £110

You will receive a 10% discount, if you book and pay for the talk and a soul reading or Deep Peace Treatment in advance. If you book and pay for your soul reading or Deep Peace Treatment on the evening of the talk, you will receive a 5% discount.

UNIT 101, STABLES MARKET, CHALK FARM ROAD, LONDON NW1 8AH

WWW.ALCHEMYTHECENTRE.CO.UK

020 7267 6188