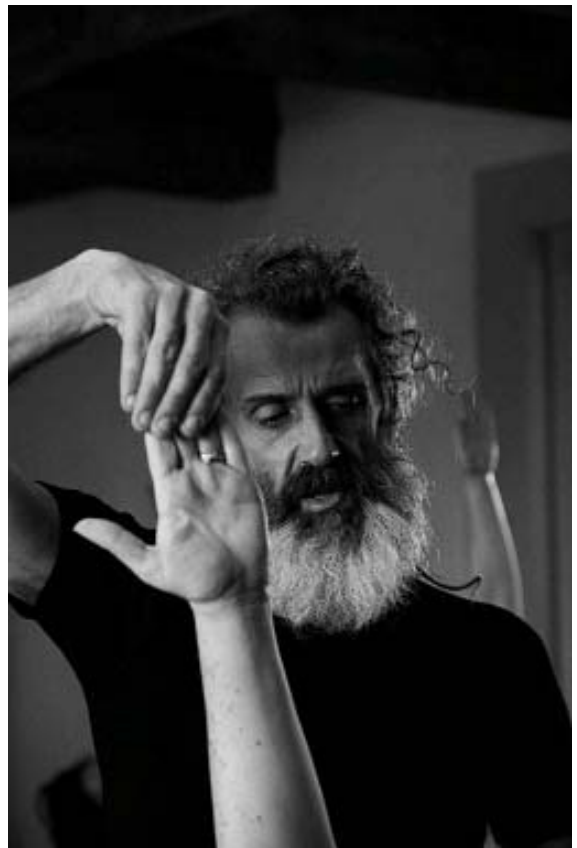




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About Stewart:

Stewart's sadhana has involved an extensive education with teachers from around the world. He has studied with Sri K Patthabi Jois (Mysore), Hamish Handry (Ashtanga London), Sri Shreshadree (Mysore), and David Life and Sharon Gannon (Jivamukti). This method combines music, movement, meditation, devotion and spiritual activism.



**SATURDAY, 24TH OCTOBER; SATURDAY, 28TH NOVEMBER
& SATURDAY, 19TH DECEMBER**

2:00PM – 5:00PM

FEE: £45

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